



Abuse is about power and control in a relationship of trust, where one has power and the other is being abused by that power.

## WHO WE ARE

For over 50 years, Sage Seniors Association (Sage) has provided programs and services with and for older adults in the greater Edmonton region, both to aid in times of difficulty and to support seniors in sharing their gifts with community. This includes helping seniors who are experiencing challenges, offering social programs that assist seniors in finding and creating community connections, and providing refuge for seniors experiencing elder abuse.

## WHAT IS ELDER ABUSE?

Elder abuse is not just physical; it is any action or inaction that jeopardizes the health or well-being of any older adult, including:

- › Physical abuse
- › Sexual abuse
- › Psychological abuse
- › Financial abuse
- › Medication abuse
- › Neglect

Often more than one type of abuse occurs at the same time.

## CONTACT US

**General Inquiries:** 780-423-5510  
**Email:** [info@mysage.ca](mailto:info@mysage.ca)

### SAGE SENIORS ASSOCIATION

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03-2023

Seniors **SAFE**  
**HOUSE**

SAGE SENIORS ASSOCIATION

**sage**  
Sage Seniors Association

# HELP IS AVAILABLE

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The Seniors Safe House provides temporary housing and help for **men and women over 60** who are leaving abusive situations.

## FOR MORE INFORMATION, CALL:

 Safe House Intake Line  
780-702-1520  
Monday–Friday 9:00am – 4:30pm

## FOR 24-HOUR SUPPORT:

 Seniors Abuse Helpline  
780-454-8888

Strathcona County Elder  
Abuse Hotline  
780-464-7233

IN AN EMERGENCY, CALL 911

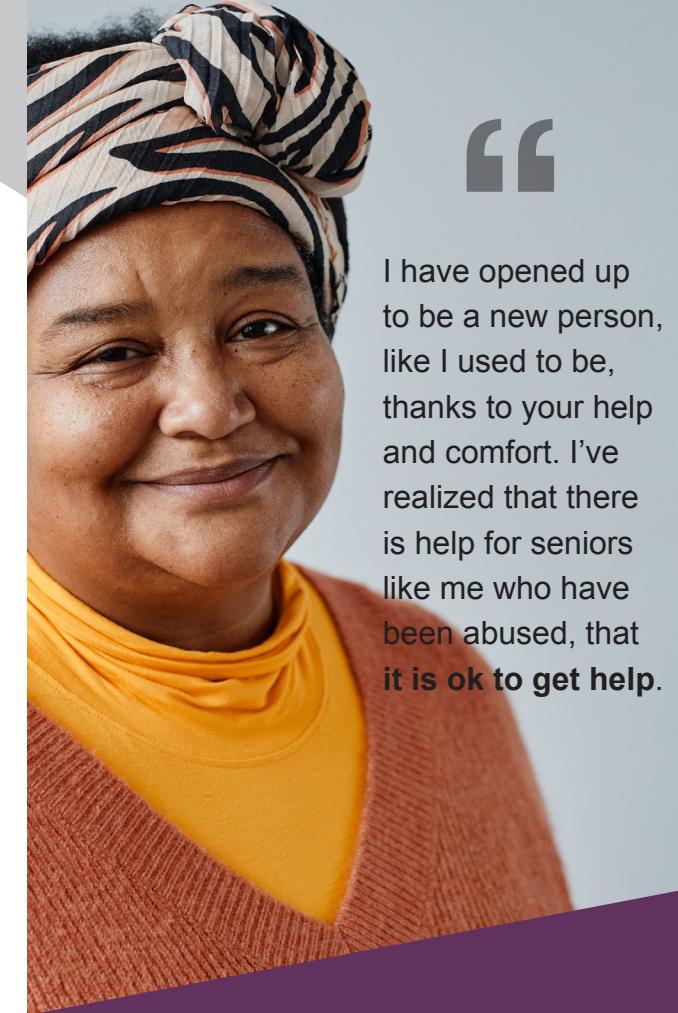
## WHAT TO EXPECT

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When you call the Seniors Safe House Intake line, staff will help you determine if the Safe House is the best option for your situation or provide other information, supports, or referrals that can help. If you are not yet ready to leave the abusive situation, staff are available to continue to support you if you choose; and will help you prepare a safety plan. If there is space at the Safe House and you are ready, you may move in immediately. If space is not available, staff will arrange for safe housing at another location until there is space available.

If you, or a senior you know, is being abused, the Seniors Safe House can offer refuge and support.

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I have opened up to be a new person, like I used to be, thanks to your help and comfort. I've realized that there is help for seniors like me who have been abused, that **it is ok to get help.**

## HOW YOU CAN HELP

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If you would like to support the Seniors Safe House, or any of Sage's many senior-serving programs and services, please contact us. Donations and supportive partnerships are welcome and appreciated.