# **FALL 2024**

# GeriActors Public Workshops & Classes

**GeriActors** is an intergenerational theatre company based in Amiskwacîwâskahikan (Edmonton).

Adhering to the principles of creative aging, we believe that seniors' engagement in the arts leads to significant health benefits, an overall sense of well-being and a marked increase in social engagement.

Our programs seek to challenge stereotypes, promote authentic views on aging and bring people together to share in meaningful discussions about lived experiences.

## **Public Workshops & Classes**

Our theatre classes and workshops are a great way to get creative, meet new people, share stories, and laugh!

GeriActors combines playfulness with technique to create unique and fun theatre programs for ages 55+. All our programs are facilitated by local theatre artists ready to share their "theatre know-how". Whether you have a history in the theatre, have always dreamt of performing, or just want to try something new, this is the perfect place to start.

## **Accessibility**

- Our programs can be adapted by our professional theatre facilitators to suit all abilities and needs.
- Subsidies for our programs may be available.



#### **Contact us**

**geriactors.ca** outreach@geriactors.ca 780-244-0064





# **Upcoming Workshops and Classes**



#### **CUPFUL OF THEATRE**



September 9 | October 7 | November 4

**M**ondays from 10:30-11:30am



Bonnie Doon Community League, 9240 93 St, Edmonton

(S)\$2.00 donation

We provide the tea and coffee, you show up for some drama fun. This hour long monthly meet-up is sure to wake up the senses and grow your drama bug! Attend one session or all three.

- September 9: PERFORMANCE STORYTELLING Facilitated by Becca Barrington
- October 7: DANCE THEATRE Facilitated by Deviani Andrea
- November 4: SKETCH WRITING Facilitated by Ellie Heath

# PROCESS, PRESENCE & PLAY - Facilitated by Christine Lesiak



September 6, 13, 20, 26 | October 4, 18, 25 | November 1 🔱 Fridays from 1-3pm





La girandole, 8627 91 st, #12, Edmonton



Be sparked by your own ideas and stories! Process, Presence & Play will find you engaged in activities that will grow your knowledge in creative exploration, writing, and acting. This 8-week class will culminate with the sharing of short comedic scenes, developed during these sessions. Class type: Acting & Writing

# **MONOLOGUE TO STAGE - Facilitated by Nikki Hulowski**



September 14, 21, 28 | October 5, 19, 26

Saturdays from 1-3pm



Westend Seniors Activity Center, 9629 176 St, Edmonton

Do you like to perform? Maybe you are hoping to prepare a monologue for an upcoming audition? This 6-week class will teach you to unpack, rehearse, and perform an amazing monologue. Bring a monologue of your choosing or select one from those provided. Jump in and have fun on the stage! Class type: Acting

# **SKETCH WRITING - Facilitated by Ellie Heath**



November 15, 22, 29 | December 6

Fridays from 1-3pm



La girandole, 8627 91 st, #12, Edmonton

Discover the magic of sketch writing through these 2-hour sessions. Experience how a simple idea can blossom into a hilarious scene. This 4-week class is open to all levels of writing experience. Class type: Writing