

Older, Bolder, Better!™

Exhibition & Symposium

Business Directory

Featuring
Local Businesses And Organizations
That Serve Seniors In Edmonton &
The Surrounding Areas!



**WESTEND
SENIORS
ACTIVITY
CENTRE**

Westend Seniors Activity Centre

- A Community Hub For
Older Adults

*Come see how we are changing the
way the words “seniors centre”
are defined!*

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A Message From Our Executive Director

I am so excited to announce that we will be hosting our 24th annual Older, Bolder, Better (OBB) tradeshow and symposium! In 2019, we had over 75 vendors and 800 attendees over a 4 hour period, making that year's event our most success OBB ever. In 2022, we are introducing an outdoor market with over 40 vendors to our event. With live music, outdoor activities, guest speakers, door prizes, raffles, and more we hope to make this year's event our biggest and best yet!

As a Gerontologist, I have always believed in the concept of "healthy aging in communities". When we talk about communities, we tend to only focus on the services/programs provided by the public and non profit sectors. However, we forget the important role that age friendly businesses play in supporting seniors and their families.

These are businesses that are providing crucial services to seniors on a daily basis so they understand the issues/struggles seniors and their families are facing. These practitioners also have a wealth of knowledge to share with seniors about the resources available to combat age related challenges and issues. Therefore, age friendly businesses are key players in our communities to help seniors age in place.

Older, Bolder, Better and this directory showcased some of the senior serving businesses here in Edmonton and many of those businesses have partnered with our centre, the Westend Seniors Activity Centre (WSAC) under our "Friends of WSAC" program.

I encourage you to use this directory when looking for senior serving businesses and if you have questions, please feel free to reach out to our centre

Haidong Liang, PhD
Executive Director, Westend Seniors Activity Centre



ALEXIS HLADY

780.233.5399

From CASTLES to CONDOS
...and everything in between

With 19 years of experience in the Edmonton area, Alexis Hlady is a household name in local real estate.

"I understand your needs, the market and the neighborhoods in the area, and possess extensive listings of houses, condos and properties for sale in the Edmonton area to suit every budget, family size and taste."

I will find the homes for sale or condos on the market that are perfect for you! Why don't we meet for coffee and you can tell me what you are looking for!"

Alexis Hlady



**Questions About
Mortgage Pre-Approval
My Team And I Can Help!**

FACEBOOK - facebook.com/AlexisHomes

WEBSITE - www.alexishomes.info



ALIGRA
WINE & SPIRITS

*West Edmonton Mall
Entrance 58!*

*Edmonton's Best Kept Secret!
8882 170 St NW #1423, Edmonton*



***We are very
happy to
provide
a 10%
discount
for
members of
the
Westend
Seniors
Activity
Centre!***

Aligra Wine and Spirits is the story of two passionate visionaries from Vancouver taking a neglected, under valued liquor store space at West Edmonton Mall and turning it into a beautiful Wine & Spirits store.

Offering a fine selection of international wines and spirits, Alison & Grant and their knowledgeable staff provide personalized, helpful service in a warm, inviting atmosphere.

Every wine in the store has been personally selected and tasted to ensure we offer great quality and value to our customers.

Look for our Free parking spots at Entrance 58!

FACEBOOK - @Aligra Wine & Spirits
WEBSITE - www.aligrawineandspirits.com



Armour Insurance

5750 75 Street NW
Edmonton, AB
780-475-0959

**The Official Provider Of Your
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15% Discount on Home Insurance and 10% Discount on Auto Insurance for WSAC Members!

- Official provider of the WSAC Member Home and Auto Insurance Program
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- Fast and courteous 24 hour claims service



FACEBOOK - [armourinsurance](#)
WEBSITE - [armourinsurance.ca/wsac](#)



JODY LAMBERTUS
CENTURY 21 Masters
(780) 399-5114

*Serving Edmonton and area
clients since 2015!*

My objective is to give each client a world class experience and help my clients plan their real estate goals around the market conditions. Since 2014, I have specialized in physician relocations, real estate investing, first time home purchases and helping clients to downsize. Real estate is my passion and I love helping the communities I work in and my clients reach their real estate goals.

Jody L.



UNSURE IF IT IS TIME TO DOWNSIZE?

I would like to invite you to attend my 3-part series - The Art Of Downsizing, hosted by the Westend Seniors Activity Centre here in Edmonton!

I offer this free workshop throughout the year at their centre. Please email or call me for details or visit their website www.weseniors.ca

FACEBOOK - JodyLambertusRealtor
WEBSITE - www.jody-lambertus.c21.ca/



Benjamin Moore®
THE BRILLIANT BRUSH

Benjamin Moore
The Brilliant Brush

17203 107 Ave NW,
Edmonton, AB
(780) 540-2090

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Did you know...

Seniors always receive 15% off their entire purchase at The Brilliant Brush!!! Come in and see us for expert advice on selecting the perfect paint colour and how-to-paint tips and tricks.



Come visit us

We are 6 minutes north of the Westend Seniors Activity Centre

FACEBOOK - [mybrilliantbrush](https://www.facebook.com/mybrilliantbrush)
WEBSITE - www.thebrilliantbrush.ca/

Experience the Difference at Cura Physical Therapies.
We offer private treatment rooms with one-on-one treatment sessions with your therapist.

We are the leaders in community based pelvic health physiotherapy with several therapists that have over 30 years of experience. We look at you in an integrated way to ensure all parts of your body are included: from bones, joints and viscera to your emotional well-being.

We Offer the Following Services:

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Acupuncture can help treat a wide variety of conditions, from mental to physical well-being, we've got you covered.

Female & Male Pelvic Health

This includes bladder, bowel, prolapse or sexual problems for both men and women.

Pain

Have you been injured recently?
Are you still suffering from pain months to years later?

Let us help you get back to moving and living well.



Drive Happiness Seniors Assisted Transportation

(780) 424-5438

www.drivehappiness.ca

Drive Happiness' Seniors Assisted Transportation Program provides a low-cost way for eligible older adults to get wherever they need to go. Friendly volunteer drivers provide rides to medical clinics, stores, banks, community centres, loved ones' homes, and more. They also offer deliveries of groceries and medical equipment.

All volunteers are screened for vulnerable security clearance, a well-maintained vehicle, and a clean driving abstract.



Do you have a vehicle and the desire to make a positive difference in the community? Become a volunteer driver!

You'll choose your schedule, receive a fuel reimbursement, and make new friends. For more information, please give us a call or visit our website!

FACEBOOK - DriveHappiness.ab
TOLL-FREE - 1-888-336-4503



Revolution Cycle

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(780) 486-3634

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***Want To Try An E-Bike? Visit Our Store And Go For A Ride.
We Promise You Will Love It!***

FACEBOOK - [Facebook.com/Revcycle](https://www.facebook.com/Revcycle)
YEG WEBSITE - www.revolutioncycle.com/



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Sharing Stories and Saving Memories

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We offer a range of services that provide a complete "White Glove Solution" as well as "DIY Workshops" so call us today and let us help you tell your story.

Mention you saw us in the Older, Bolder, Better Business Directory and receive 10% off an in-home consultation.

FACEBOOK - YEGphotocollections
WEBSITE - www.photocollections.ca



MEMORIES FUNERAL HOME

13403 St Albert Trail NW,
Edmonton
(780) 454-9111

Since 1994, Memories Funeral Home has served Edmonton and its surrounding communities. It is our commitment to provide funeral services that honour memories and celebrate lives. We take pride in responding to the changing needs of individual families, while maintaining the customs and traditions of funeral services.

- Our full-service funeral home is decorated to convey a warm, comfortable, home-like experience. Our selection room provides a quiet, private room for families to arrange the memorialization of their loved one.
- We also offer a wide variety of products and services to fit most requests or needs, including our limousine service. Our chapel can accommodate 200 guests and features a sound system and DVD video technology. In addition, our large foyer provides a greeting area and is equipped with television monitors for live video from the chapel, allowing overflow for larger services.
- Following the service, families may wish to have a time of fellowship with relatives and friends in our reception area, where guests can enjoy a customized, catered luncheon with a variety of options. Our reception area can also be used for overflow seating for the chapel.
- As an important in many religions and cultures, more and more people are choosing cremation over more traditional options. We also have an in-house crematorium designed with a waiting and witness area for families, allowing families to observe personal or religious customs.

www.dignitymemorial.com/Edmonton



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Locations in Edmonton area

The Churchill – 10015 103 Ave NW | 780 420 1222

Our Parents' Home – 10112 119 St NW | 780 732 0412

Glenora Park – 10150 Clifton Place | 780 670 6957

McConachie Gardens – 6503 170 Ave NW | 780 244 8969

Riverbend – 103 Rabbit Hill Ct NW | 780 438 2777

River Ridge – 78 McKenney Ave St. Albert | 780 470 3700

FACEBOOK - [Facebook.com/ReveraInc/](https://www.facebook.com/ReveraInc/)

WEBSITE - www.reveralliving.com/en



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discuss care
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qualicare.com/edmonton-ab



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WEBSITE - qualicare.com/edmonton-ab

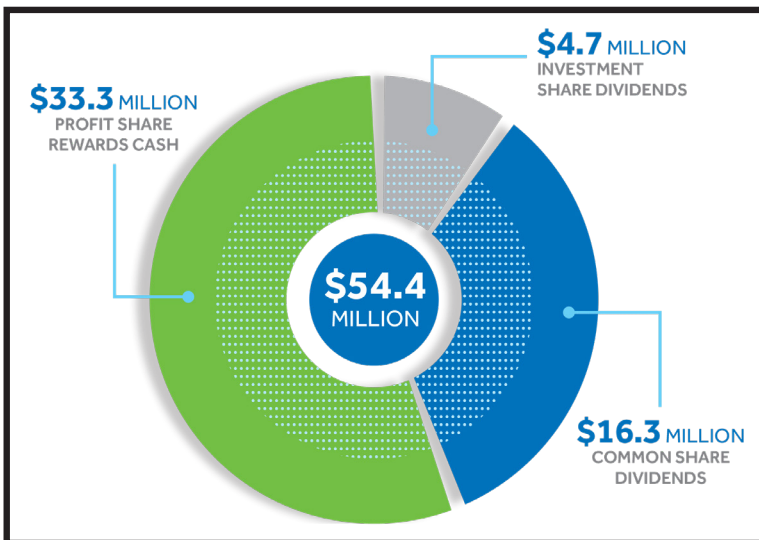


Westgate Location

Suite #148
17010 90 Ave NW
Edmonton

Servus Credit Union's Westgate branch have been long time supporters of the Westend Seniors Activity Centre and seniors here in Edmonton.

From being the official sponsor of our Mavie's Mitten Tree Celebration, to being annual participants at our Older, Bolder, Better tradeshow and symposium, they have been fantastic neighbors... only 1 km away... across from Westend Edmonton Mall!



WEBSITE - www.servus.ca
(780) 496-2300 (Edmonton)



6103 Currents Dr NW
#209,
Edmonton, AB

(780) 424-8433

We are a private, locally owned Edmonton business. Working with industry leading hearing aid manufacturers allows us to pass along amazing products and prices to our clients. Visit us for hearing aids that meet your hearing needs. We offer in Your Own Home Hearing Aid Trials for 2 weeks!

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"I was very impressed with Ron, he performed my hearing test and discussed it in details with me, he was very professional. I strongly recommend Stanford Hearing center."



FACEBOOK - @stanfordhearing
WEBSITE - www.stanfordhearing.ca

Terra Losa Pharmacy



TERRA LOSA PHARMACY

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(587) 462-1500

WE HAVE SO MANY REASONS TO VISIT US!

Ran Out Of Your Meds And Need Refills?

We can write you a prescription and fill it on the spot

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Free Delivery And Pick Up Of Prescriptions

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FACEBOOK - [terralosapharmacy](https://www.facebook.com/terralosapharmacy)
WEBSITE - www.terra-losa-pharmacy.business.site



Westlawn
Funeral Home & Cemetery
by Arbor Memorial

Westlawn Funeral Home
& Cemetery
16310 Stony Plain Rd,
Edmonton, AB
(780) 484-5500

Proudly serving the Edmonton area since 1947, Westlawn Funeral Home & Cemetery will help you customize your arrangements, while respecting your faith, taste and budget. You can feel confident putting your trust in our compassionate professionals.

Our 40 acres are dotted with mature trees, benches and colourful flower gardens creating a peaceful natural atmosphere for loved ones to gather and reminisce. Indoor niches create the ideal setting for visitation in any season.

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Edmonton, AB

(780) 450-1041

WELCOME TO PROVIDENCE NUCCA CLINIC

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We focus exclusively on the underlying foundational injuries that keep patients on the treatment treadmill (undergoing large amounts of care without really getting anywhere). With our straight-forward, image guided procedure, we provide answers and results in under 8 weeks.

If you, or anyone you know, hasn't found the solution to their chronic health conditions, our doctors would be happy to discuss if our care is the missing piece of the puzzle. We want our patients living, happy, healthy, fulfilled lives for years to come.

Ask us if we can help!



FACEBOOK - Providence-Chiropractic-Clinic
WEBSITE - www.providencenucca.com

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Here To Help!

Member of Parliament Kelly McCauley and his staff are here for you for any help needed with Government of Canada federal programs and departments. Our Edmonton office is here to help with anything relating to:

- Citizenship and Immigration
- Service Canada
- Canada Pension Plan
- Old Age Security
- Employment Insurance
- Passports
- Canada Revenue Agency
- Veteran's Affairs

We always look forward to hearing from you. If you have any feedback to share, please get in touch with the office either by phone, through email, or a letter to the office postage-free.

104-10471 178 Street Edmonton, AB T5S 1R5
kelly.mccauley.c1@parl.gc.ca ~ 780-392-2515



KELLY McCAULEY

MP | EDMONTON WEST



@KELLYMCCAULEYMP



kellymccauley.ca

FACEBOOK - KellyMcCauleyMP
WEBSITE - www.kellymccauley.ca

October 21st, 2013 was one of the best days of my life. I was given the opportunity to serve all of you as part of Edmonton City Council, and I have dedicated all my energy to that role ever since.

~ Andrew Knack



Ward
Nakota Isga

COUNCILLOR
ANDREW
KNACK

Phone: 780.496.8122

Email: andrew.knack@edmonton.ca

Twitter: @AndrewKnack

Facebook: @AndrewKnackEdmonton

Website: www.andrewknack.ca

WILLS, ESTATES & NOTARY.

**MARRAZZO
LAW OFFICE**

Lina Marrazzo B.A, LL.B

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Edmonton, AB**

(780) 756-5500

What Our Clients Are Saying About Our Office!

"Lina Marrazzo is a sweetheart, and extremely competent at what she does. The friendly face of her community law office, she is obliging and eager to help you with your Will and estate planning needs."

"Super friendly lawyer and staff. I appreciate the urgent processing of my request. Also I recommend this law firm for their professional and knowledgeable services. I would comeback if I need legal services in the future. Thanks again."

"Lina Marrazzo is a wonderful lawyer. She is knowledgeable and very friendly. She accepted my request while many law firms were closed for holidays or too busy to look at a small consultation. And above all she provided above expectation service. I recommend her office and want to thank her office manager for the excellent customer service."

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LAW OFFICE**

Lina Marrazzo B.A, LL.B

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FACEBOOK - MARRAZZO LAW OFFICE



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(780) 444-4545

The Waterford of Summerlea



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Call to learn about our move in bonus!

FACEBOOK - The-Waterford-of-Summerlea
WEBSITE - www.thewaterford.ca

Jon Carson
MLA Edmonton
West Henday

Service Alberta Critic

Jon Carson, MLA
14020 128 Ave NW #103,
Edmonton, AB
T5L 4M8

Constituent Services

Contact my office to:

Get help navigating government programs and services.

Become an official guest of the Legislature and watch the proceedings of the Legislature in-person.

Have your important documents commissioned or notarized, free of charge.

Request a commemorative scroll, for your anniversary, birthday, or any other milestone.



As a proud Edmontonian, Jon has had the privilege of dutifully representing multiple constituencies in Edmonton. He was first elected as the MLA for Edmonton-Meadowlark in 2015, and he was re-elected in 2019 to represent Edmonton-West Henday.

Jon has dedicated his time in office to pursuing the concerns that matter most to Albertans. Whether he's fighting to ensure enhanced consumer protections, advocating on behalf of local businesses, or working with Children's Autism Services of Edmonton to secure funding for expanded services, he cares about the issues that affect everyday Albertans.



Senior Living In Edmonton

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Edmonton

St Albert

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**FACEBOOK - [chartwellretirement](#)
WEBSITE - www.chartwell.com**



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info@exquisicare.com

Reliable and Compassionate Care at Home for Seniors

Care at Home by Exquisicare matches individuals in need with reliable and compassionate home care, personal care and skilled nursing services. We understand the importance of finding a trustworthy caregiver and dedicate our time to finding the right fit for your family, to provide you peace of mind.

Care at Home is brought to you by Exquisicare, Edmonton's most caring and professional boutique provider of residential, supportive living accommodations and care for the elderly.

Home Care In Edmonton Is Our Calling.

Our care givers are guided by the Exquisicare core values of love, reverence and family.

Family is of utmost importance.

We strive to provide seniors with the quality of loving, assisted living care that they would receive from a family member, to enhance quality of life and give peace of mind.

FACEBOOK - [CareAtHomeExquisicare](#)
WEBSITE - www.careathomebyexquisicare.com/



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for over 15 years*

Canada's Choice in Homecare!

Senior Homecare by Angels® is Canada's choice in essential, personal home care. We provide senior care, elder care, personal care, respite care and companion care to help the elderly and adults continue to live in their homes in Edmonton, surrounding area, and across Canada.

Senior Homecare by Angels is the family alternative to assisted living facilities and nursing homes. Our caring and experienced angel companions provide up to and including 24-hour care in the comfort of their own home at affordable rates. In addition to our services allowing our clients to remain independent in their own home, our angels will also visit care facilities and hospitals.

Select Your Caregiver

CONTACT US AT 780-487-4256

Website: seniorhomecarebyangels.ca/Edmonton

Email: Info@seniorhomecarebyangels.ca

FACEBOOK - [seniorhomecarebyangelsedmonton](https://www.facebook.com/seniorhomecarebyangelsedmonton)
WEBSITE - www.seniorhomecarebyangels.com/



**Butterfly
Dreams**

780 242-2373

Coming Soon! The Butterfly Dreams Respite Care Difference

Caregiving long-term for your family member is a deeply complex and challenging endeavor. Even the most committed among us need a well-deserved break for our overall psychological, emotional, and even physical health. Reserving time for your well-being is an integral part of caregiving. Otherwise, you simply burn out after a while. Clearly, that's not to anyone's advantage.



Of course, you love them, but there are times when you just have to love yourself more for the good of all concerned.

Whether you're simply stepping out to run errands for the day or leaving on a family vacation for a few weeks, you'll have total peace of mind, knowing your loved one is feeling right at home at Butterfly Dreams Respite Care. Our guests can happily participate in social dining and other group activities or, if preferred, enjoy private, one-on-one companionship and care.

Our secure, full-time, 24/7 supervision includes respite care, personal care, medication assistance, group or one-one companionship, cognitive therapeutic therapy, meal services and transportation services available. All that's necessary to pack are personal items, medications, and clothes. We take care of ALL the rest!

This is your own essential quality time, so all you need to focus on right now is YOU.

**EMAIL - info@butterflydreamsrespitecare.ca
WEBSITE - www.butterflydreamsrespitecare.ca**



- Many common eye diseases have no early signs or symptoms, but if diagnosed early during your annual eye exam have greater treatment success.
- By age 65, 1 in 9 Canadians develops irreversible vision loss; 1 in 4 by 75.
- Your optometrist is also looking for early signs of serious medical conditions, such as high blood pressure, diabetes, and cardiovascular disease during an eye exam.
- There is Alberta Health coverage towards your annual eye exam. It's not just whether you might need an eye glass prescription update, it's about your eye health and protecting your vision.
- If you require urgent care, due to eye and eyelid inflammation, eye injuries, dry eye, or sudden changes in vision, there is Alberta Health coverage towards these appointments.

**Don't risk it. Stay active and independent.
Book your eye exam today!**

Visit www.optometrists.ab.ca to learn more.
Follow us on Facebook
[@AlbertaAssociationOfOptometrists](https://www.facebook.com/AlbertaAssociationOfOptometrists)





Jolyn Hall

BScN, CPCA®, SRES®, CRTS™

55+ Housing Navigator

780-909-5377

**Are You Or Your Parents Determined
To Age In Place?
Is It Time To Downsize Where You Live?**

Where you live sets the tone for your health & your ability to remain independent. Do you know how to plan to age well at home or how to plan your next housing choice? You aren't alone... figuring out the resources & options can be overwhelming!

One-On-One Consultations

Jolyn offers one-on-one consultations for older adults & their families to either create a plan to age well at home OR help you make decisions about your next housing options.

As a past nurse, a past homecare case manager and past senior housing manager, Jolyn has the most comprehensive experience to help you confidently navigate aging in place and housing choices that best meet your changing needs.



***"You don't have to figure this out on your own.
I'm here to help you navigate the options!"***

***Jolyn Hall,
55+ Housing Navigator***

FACEBOOK - Edmonton55
WEBSITE - www.edmonton55.com



Eazy Peazy Downsizing

Services the Edmonton Area
(587) 598 6123

Eazy Peazy Downsizing....We make it eazy!

Our promise to you is to help you make a smooth transition to your new home so you can live life to the fullest!

We create a smooth transition for clients to their new home by assisting homeowners in moving from their current home to a new one. The process may include downsizing of contents and storage, preparing the house for sale or setting up a new home.

As well, we help homeowners adapt their home for aging in place. We are happy to assist you at your home with this process, however, guidance may be provided on-line, as well.

Sale on now!

\$100 off
(for every \$1000 service)

Sale ends
August 31, 2022

**For full details contact
eazy peazy downsizing
at 587-598-6123**



FACEBOOK - Eazypeazydownsizing
INSTAGRAM - Eazypeazy.downsizing



Teddy My Bear

Teresa Brunner
(780) 916 7355

Let me create a treasured heirloom for you!

If you have a fur coat or stole that is not being worn anymore, let me up-cycle your fur to create a one-of-a-kind keepsake teddybear(s). No two teddy bears look the same as they take on their own personalities while being created just for you.



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It's a personal and unique gift to your family member or friend for weddings, birthdays, anniversaries, birth of a child, Valentine's Day or other special holidays throughout the year.

All of our fully-jointed bears are uniquely designed with you in mind. They are carefully hand-crafted and special features can be implemented into the design, such as initials, buttons, lining for the pads of their feet, or the addition of other personal touches.

FACEBOOK - Teddy-My-Bear-103331425665358
WEBSITE - www.teddymybear.com



Trinity Funeral Home

www.trinityfuneralhome.ca

Trinity Funeral Home

10530-116 Street Edmonton

(780) 474 4663

Traditional Funeral Services And More!

Simple Cremation

Our Simple Cremation provides a basic and affordable funeral option for those who wish for nothing more than the basic services of the funeral home to complete the cremation. Everything required, from the time of initial contact until the cremated remains are given to the family, is included in the price!

Celebration Of Life

A celebration of life is a unique and personal ceremony to honour the life of the deceased. It is similar in many ways to the traditional service except that the body of the deceased is not present. It is important to note that if any family members or friends wish to view or say goodbye to the deceased, this can be arranged before the cremation takes place. A celebration of life can be followed with fellowship and refreshments at our reception facility, graveside inurnment, scattering the cremated remains, or you may simply want to take the urn home.

Green Burial

Focused on reducing the environmental impact on the earth; all materials used in the process, including the casket, shroud, and even clothing, is made up of biodegradable materials. Concrete vaults and grave liners are not used and there are generally no traditional monuments erected to mark the grave. Instead, a communal boulder, plaque, garden or fence is erected for memorialization. In some cases, an indigenous plant or rock can be placed at the gravesite.

FACEBOOK - www.facebook.com/trinityfuneral
WEBSITE - www.trinityfuneralhome.ca/



Canada
Homecare
Group

**Canada Homecare
Group**

(780) 340 0910
AFTER HOURS
MOBILE CLINIC

Do You Remember When Doctors Made House Calls?

You Can Call Us When:

- You are really not feeling well, it is after hours and you don't want to go to Emergency.
- You need a prescription refill.
- You have hurt yourself or you have a wound that you think needs looking at.
- You are diabetic or have high blood pressure and you are or concerned about your levels.
- You have a high fever and you are not sure what to do.
- You have been recently discharged from the hospital, you have some concerns and you can't reach your doctor.

We can also assist with things like:

- After we assess you we can order tests and initiate referrals to specialists as needed.
- Assist clients to find a family physician.
- Update your doctor as to your recent visit with us.

Our Services
Are Covered By
Alberta Health!

Monday to Friday

4:00 pm To Midnight

Saturday & Sunday

8:00 am To Midnight

Public Holidays

8:00 am To Midnight

FACEBOOK - CanadaHomeCareGroup
WEBSITE - www.canadahomecaregroup.ca/



Lynn Fraser

(780) 465-9893



Balance Your World™

with Lynn Fraser

There's No S.P.A.C.E. Like Home

We've spent more time working and sheltering at home. What have ***you got to show*** for these months stuck at home?

Netflix binging? Covid 10 pounds (or more)? And piles of stuff ordered online cluttering up your space? How about a Do-Over?

Learn a proven process for decluttering and organizing that you can break out over and over to tackle any size of project.

Outcomes...

- Feel inspired to take action starting in one spot in your home or office
- Enjoy peace of mind

Lynn Fraser supports and nurtures individuals, seniors and families to declutter & organize their lives in a holistic way. She builds safe, resilient transition teams to coordinate the downsize & move of clients to a supportive, Right Fit home.

Her in person and virtual individual and group organizing sessions help clients to lighten up and transform their Space, Time & Life.

Contact Lynn for a no fee, confidential conversation about your or your loved one's situation. 780-465-9893 or lynn@lynnfraser.ca

FACEBOOK - [balanceyourworldlynnfraser](https://www.facebook.com/balanceyourworldlynnfraser)
WEBSITE - lynn@lynnfraser.ca



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City Furnace Mechanical was founded in 2003.

We are proud to employ Journeyperson Sheet Metal Workers, Plumbers and Gasfitters, with decades of 'on the job' experience.

At City Furnace Mechanical our clients come first and our quality of work has made us a referral based business.

We are licensed, insured and have WCB coverage.

Check out our website at www.cfmmechanical.ca

**We serve the greater Edmonton area
& its suburbs**

EMAIL - nick@cfmmechanical.ca
WEBSITE - cfmmechanical.ca



Sparkle & Sheen Organize And Cleaning Services Ltd.

14452 - 118 Avenue
Edmonton, Alberta
(825) 512 1277

Sparkle & Sheen is home to cleaning professionals who love and respect what we do as a team.

For each of us, cleaning is not a job — **it is our passion.** We take pride in everything we provide for our clients in Edmonton, Alberta, from housekeeping solutions to personal concierge services.

Sparkle & Sheen is fully bonded, insured and carries WCB for all our clients safety. By hiring us, you can rest easy knowing that you are working with some of the best in the industry.

However, our team does more than tidy up.

We can also handle a wide variety of tasks such as **food preparation, light snow removal, and even companionship services for the elderly.**

Browse our website for further information, and don't hesitate to get in touch with us to request our services. We can design a package to fit your budget and complete the services tailored to meet your needs.



TURD BURGLARS

EMAIL - info@sparkleandsheen.ca
WEBSITE - www.sparkleandsheen.ca



Age In Place Canada

#201, 17920 - 105 Ave
Edmonton, Alberta
(780) 455 5229

Would you like to live longer in the comfort of your own home?

Our team consists of certified consultants, designers, contractors, electricians, plumbers, and occupational therapists. **We have access to whoever and whatever it takes to help you stay in your home longer and safer.**

Mo & Jo along with their trusted fabricators, contractors, and social support workers will be happy to discuss your project, answer any questions you may have, and provide you with a quote.



HOME CARE

Our goal is to modify/remodel your home so you can live safely in it for many more years.

CONSULTATIONS

We offer in-home assessments and customized solutions.

HOME MODIFICATIONS

We have assembled a team of professionals that are ready to assist you with your home modifications.

No matter what dilemma a client has, they can feel safe in trusting Age In Place to give their home the personal touch it deserves.

FACEBOOK - AgeInPlaceCanada
WEBSITE - www.ageinplacecanada.ca

Senior Fraud Alert

Spot and Stop Senior Scams



YEG SENIORS ALLIANCE PRESENTS...

SENIOR FRAUD ALERT

spot & stop senior scams

SPOT & STOP SENIOR SCAMS



Visit our website to learn how to identify fraud and protect yourself from it.

SUSPECT, DETECT, REPORT

Learn how you can spot the clues left by scammers and stop them from causing harm by contacting the authorities.

BACKED BY LAW ENFORCEMENT

This educational tool is brought to you by Edmonton Seniors Centre, the Westend Senior Activity Centre, and ICANSA, the Chinese Seniors Association (the YEG Seniors Alliance), and the Edmonton Police Service.

[*seniorfraudalert.ca*](http://seniorfraudalert.ca)

WEBSITE - seniorfraudalert.ca



WE Seniors.ca
Westend Seniors
Activity Centre

CONNECT WITH US!

Westend Seniors Activity Centre

9629 176 Street NW
Edmonton, AB T5T 6B3

Telephone Number: 780 483-1209

Website

www.weseniors.ca

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